



Ocean Lifeguard Certification January 2025

College and High School Students Start NOW to Qualify and be Eligible to Lifeguard at Suffolk County Ocean Beaches Summer of 2025!

Use your winter break to prepare you for a job this summer! In January, Suffolk County is offering Ocean Lifeguard pre-certification sessions for positions at Smith Point and Cupsogue beaches. We're looking for individuals who are 16 years old or over (as of June 22, 2025) with athletic skills and swimming experience.

QUALIFICATIONS:

Candidates are required to attend a minimum of four (4) of the eight (8) qualification sessions. During these sessions, candidates will need to qualify for time in both swimming and running. Additional water skills will be assessed.

Candidates who successfully complete this course will be eligible for the Ocean Lifeguard Certification Course to be held in May/June 2025.

SESSION DATES:

Evening sessions from 7:00 pm to 10:00 pm at the Suffolk County Community College Riverhead Campus Pool.

- January 6, 7, 8, 9
- January 13, 14, 15, 16

Please bring your ID and be prepared to swim and run.

Can't make it in January? Spring certification sessions will still be offered, email us for updates!

FOR MORE INFORMATION:

✉ SCPARKS@SUFFOLKCOUNTYNY.GOV

☎ 631-854-4949



REGISTER NOW:

